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SELF-THERAPY MADE EASY



John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Self-Therapy Made Easy, Marian Van Eyk McCain, This book is written for ordinary, well-adjusted people who like to solve their own problems and deal with their own issues and who are fully capable of doing so. Written by a highly qualified psychotherapist and based on many years of clinical experience and personal practice, it is an informative, inspirational and easy-to-read guide to understanding how the normal, human mind works and how...

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- Authored by Marian Van Eyk McCain
- Released at -



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This is the finest book i have got study right up until now. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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