



The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners

By Nicole Faires

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners, Nicole Faires, A beautiful, comprehensive guide to going green and living sustainably. Permaculture is an important but often misunderstood method of growing food and building homes in a manner that works with nature, rather than against it, to create beautiful, healthy, and useful gardens. Blending ecology, organic agriculture, green home design, appropriate technology, and biology can be confusing and overwhelming, but The Ultimate Guide to Natural Farming and Sustainable Living simplifies this vast field for practical application. This is a hands-on guide, taking the beginner through each step of the design process, so that anyone can apply permaculture principles to his or her life. While the principles are simple, the in-depth topics cover every aspect of permaculture, including: * building green homes and passive solar design * growing edible plant communities and forest gardens * using no-till and natural farming methods * creating microclimates for extended growing seasons * raising livestock with ecological foraging techniques This is a common-sense approach to sustainable living that creates a self-sufficient and low-effort home for the people that live there, whether in the city...



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