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Super Simple Mandalas: A Coloring Book for Everyone - Tanglers Doodlers Too ! (Paperback)

By Anne Manera

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Language: English . Brand New Book ***** Print on Demand *****.A Coloring Book for Everyone - Tanglers Doodlers Too!

Mandalas are symbols of wholeness and are used in meditation around the world. Super Simple Mandalas has 24 one-sided pages of less intricate mandalas with bigger spaces to color, tangle, doodle, decorate or fill with a pattern. Set your inner artist free as you add your own flair to the spaces in each mandala. This is a great book for all skill levels from beginner to advanced, kids adults and a wonderful activity for memory care patients, those who simply want to give their eyes a rest! Two copies of each illustration are included so you can color twice or share with a friend. Choose your coloring supplies - markers, pencils or crayons. We suggest placing a sheet of paper behind each page you are coloring to prevent bleeding through of markers. Do not think too much about the colors you are choosing. Simply relax and enjoy! keywords - mandalas, zentangle, mandala coloring book, coloring book for seniors, simple coloring book, adult coloring book, coloring,...



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