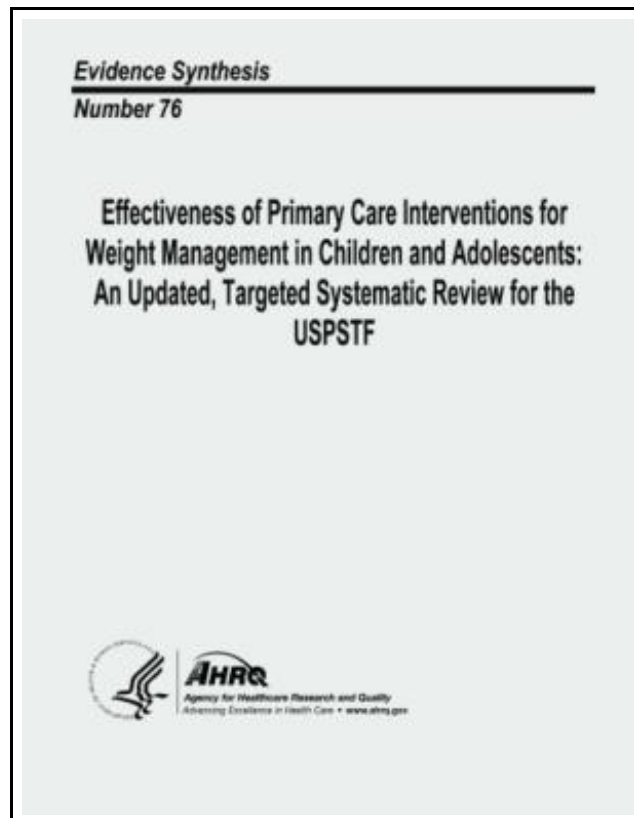


# Effectiveness of Primary Care Interventions for Weight Management in Children and Adolescents: An Updated, Targeted Systematic Review for the USPSTF: Evidence Synthesis Number 76 (Paperback)



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## ***Reviews***

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***(Mr. Ari Powlowski)***

## EFFECTIVENESS OF PRIMARY CARE INTERVENTIONS FOR WEIGHT MANAGEMENT IN CHILDREN AND ADOLESCENTS: AN UPDATED, TARGETED SYSTEMATIC REVIEW FOR THE USPSTF: EVIDENCE SYNTHESIS NUMBER 76 (PAPERBACK)



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Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This targeted systematic review was undertaken to assist the United States Preventive Services Task Force (USPSTF) in updating its previous recommendation on screening and interventions for overweight in children and adolescents. Based on our previous systematic review in 2005, the USPSTF found insufficient evidence to recommend screening for overweight, due to uncertainties about the effectiveness of behavior counseling or other interventions with overweight children and adolescents that could be conducted in primary care settings or to which primary care clinicians can make referrals. Given recent work on another systematic review, Effectiveness of Weight Management Programs in Children and Adolescents, the USPSTF determined to focus its update on what was considered the critical evidence gap at the time of our last systematic review to allow an efficient and timely updating of their recommendation. Thus, for this targeted updated systematic review, we examine previous and newly available evidence on behavioral and pharmacological weight management interventions for overweight and/or obese children and adolescents (defined as those between 2 and 18 years of age that meet criteria for increased body mass index [BMI] appropriate to their age and sex) that are relevant to primary care practice. Attention to these differences in terminology is key, as children and adolescents defined as overweight in the 2005 report would now be defined as obese. And, while the current review is intended to fill the critical evidence gap about intervention effectiveness identified during the 2005 review, our previous review also found that there was insufficient evidence to ascertain the magnitude of the potential harms of screening or intervention. In this targeted update, the USPSTF focused our attention on updating both the benefits and potential harms of...



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