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# MY OWN MEDICINE THE PROCESS OF RECOVERY FROM CHRONIC ILLNESS



iUniverse, Inc. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 8.9in. x 6.0in. x 0.5in. People living with chronic illness face many unique challenges. Doctors can hand out pills and potions; can perform manual therapies such as massage, chiropractic or craniosacral work. It has become the norm to rely completely on the medical professionals-to wait passively for the pills to kick in so one can go about their normal business. While helpful, this alone may not work for the chronically ill....

## Read PDF My Own Medicine The Process of Recovery from Chronic Illness

- Authored by Diane Kerner
- Released at -



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