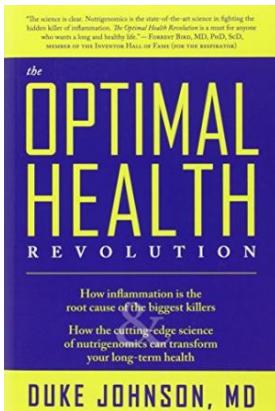


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# THE OPTIMAL HEALTH REVOLUTION: HOW INFLAMMATION IS THE ROOT CAUSE OF THE BIGGEST KILLERS AND HOW THE CUTTING-EDGE SCIENCE OF NUTRIGENOMICS CAN TRANSFORM YOUR LONG-TERM HEALTH



BenBella Books. Paperback. Book Condition: new. BRAND NEW, The Optimal Health Revolution: How Inflammation is the Root Cause of the Biggest Killers and How the Cutting-edge Science of Nutrigenomics Can Transform Your Long-term Health, Duke Johnson, Cutting-edge science is coming to a startling realization. The bulk of our most lethal diseases have a common underlying cause: persistent inflammation, an over-active reaction of our natural immune system function resulting in cell and tissue destruction. This persistent inflammation is triggered by our...

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