



## Exploring the Way of Epicurus: His Destination, Directions and Strategies (Paperback)

By Gary W Cross

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Epicurus, a Greek philosopher who lived 2300 years ago, suggested that we all seek happiness which he defined as having a healthy body and tranquil psyche. This book explores Epicurus way to happiness, including the problems that Epicurus tells us we will encounter trying to achieve happiness; the directions that Epicurus offers to help us to achieve happiness; and finally the strategies that Epicurus offers to help us to overcome these problems and to successfully follow his directions. Quotations are new translations from the Greek texts available today. All key words are linked to the original Greek words together with their meanings and nuances, allowing readers to explore the full richness of the original Greek words and to choose the meanings and nuances that they think better suit particular quotations. This book is part of the series Ways of the World in which the teachings of the founders of different religions and philosophies are explored to determine: the destination that we are told to seek; the directions offered to help us to reach that destination; problems that we...



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